



Weekly Menu Sept. 27th—Oct. 3rd



	Sunday 9/27	Monday 9/28	Tuesday 9/29	Wednesday 9/30	Thursday 10/01	Friday 10/02	Saturday 10/03
Daily Soup	Chef's Choice	Chicken Noodle	Navy Bean Bacon and Ham (gf)	Vegetable (gf)	Cream of Mushroom)	Clam Chowder	Chef's Choice
Lunch: 11:30am - 1:30pm	Brunch & Courtyard Café Menu 10:00am to 1:30pm	Ham and Tomato Guoda Cheese Panini Choice of Side OR Bay Shrimp Cobb Salad (gf)	Sauteed Onion and A -1 Cheeseburger Choice of Side OR Asian Citrus Salad w/ Grilled Chicken	Shrimp Tacos OR Vegan Poached Pear Salad (gf)	Guacamole Beyond Burger (vegan) Choice of Side OR Fall Harvest Salad w/ Turkey (gf)	BLTA Choice of Side OR Blackened Salmon Caesar Salad	Brunch & Courtyard Café Menu 10:00am to 1:30pm
Dinner: 4:30pm - 6:30pm	Shrimp Fajitas Mexican Rice Vegetables OR Latin Style Grilled Flank Steak Mexican Rice Vegetables (gf)	Hamburger Casserole Vegetables OR Liver and Onions Cheesy Potatoes Vegetables	Grilled Salmon Baked Potato Vegetables (gf) OR Jambalaya (Shrimp & Chicken Stew)	Baked BBQ Chicken Mac and Cheese Vegetables OR Grilled Ham Steak Mac and Cheese Vegetables (gf)	Meat Loaf Mashed Potatoes and Gravy Vegetables OR Ham and Beans w/ Cornbread (gf)	Chicken Cordon Bleu Garlic and Herb Roasted Potatoes Vegetables OR Crab Louie Salad (gf)	Spaghetti w/ Meat Sauce Garlic Bread Vegetables OR Grilled Cod w/ Orange Cream Sauce Rice Pilaf Vegetables (gf)

Buttermilk Pancakes
w/butter & warm boysenberry or maple syrup

French Toast

Two slices of Texas toast dipped in custard, seasoned w/cinnamon & nutmeg, & warm boysenberry or maple syrup

Build Your Own Omelet

Two egg omelet filled w/your choice of mushrooms, bacon, sausage, onions, ham, cheddar, spinach, & green bell peppers.
Includes hash brown potatoes

Slow Cooked Oatmeal

Perfectly prepared w/brown sugar, crushed nuts, & raisins on the side

Eggs Your Way

Includes hash brown potatoes

Salmon Lox

Served on the side of a toasted bagel, cream cheese, & red onion

Homemade Cinnamon Rolls

Freshly baked every Thursday morning

****At your request, all items include your choice of ham, bacon, or sausage****

Breakfast Menu
Served Monday through Friday
8:00am - 9:30am

Lunch, Weekend Brunch, & Dinner Alternatives

You may substitute a Hamburger, Cheeseburger, Garden burger®, Grilled Chicken Breast, Coconut Shrimp, Grilled or Deli Sandwich (ask your Server) with your choice of Fries, Onion Rings, Tater Tots, Cheetos, Potato Chips, Corn Chips, Coleslaw, or Cottage Cheese for any Lunch, Brunch, or Dinner entrée.

Ask for our Courtyard Café Menu for a complete list of optional menu items.